# **Smart Bracelet**



## User's Guide

**Product Specification:** 

nRF51822(Cortex M0 16MHz) 256K Chip model: Memory:

Acceleration sensor:

Three-axis acceleration sensor

Heart rate sensor: Display:

Green light static heart rate sensor OLED 0.94 inch

Motor:

Cylindrical vibration motor Touch key

Key-press: Motion:

Palming bright screen

90mAh Battery:

Notice:

1. Please stop using it when any discomfort symptoms happen

2.If use substandard charging power supply, will shorten the battery life, and even damage the battery

3. We reserve the right to modify the User Manual without any notification. It is normal condition if some functions differs from different app versions.

4. We reserve all the right for the final explanation.

#### Turn on/off the wristband

1.Long press the touch key for 4 seconds users see the Welcome interface. It is touch key, please do not press the key with strong pressure.

2. Short press the key to enter to the Device Management interface with power off icon at the top-left corner. Then long press in the touch key to turn off the wristband.

3.Long press to choose the function and short press to switch the functions.

#### Charging:

1.Charger: voltage 5V

2.Electric current: 500MA-1000MA

3.Charging time: 30minutes

4. The last four letters in the MAC address is used for





4. Connect the charger with wristband as below:

5.Charging:

6.Full Charged:

#### Functions and operation instructions.

1.Time display

2. Date display

3. Week display





#### Heart Rate Interface

1. Heart Icon, Long press the icon to start testing with

2. Display the real time heart rate

Notice: The heart rate testing data can not be used as medical data. The time will be a little longer in the first time testing, it is normal.

The best wearing manager:

1. Keep a finger width between the wristband and ulna

2. Keep the heart rate sensor

APP operation instruction

clinging to skin

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#### Pedometer

1.Pedometer Icon

2. Display the real time steps

#### Swimming

1.Swimming Icon

2.Display

3. Display swimming time 4. Display the real time calories

Notice: Short press to swimming interface, long press xand \( \sigma \)

to choose, choose v to start swimming mode, and the swimming icon flashing, after swimming, choose√" to turn off, all this mode will keep opening and Pedometer cant use
\*No diving or place it under one meter of water depth

### Distance Interface

1.Distance Icon

2. Display the whole distance according to the pedometer

## Calories Display

1.Calories Icon

2.Display the real time calories

#### Palming bright screen



1. Short press the touch key to enter the palming bright scree function, long press the touch key,√" means turn on,x means turn off.

2. After turn on this function, the screen is light when the wristband is horizontal

3. Suggest users to turn off this function to safe power

#### Device management

1.Bluetooth connection icon , 📓 this icon means connected, 🖹 this icon means disconnected

2.Battery power display:

3.Bluetooth name:HPLUS

#### distinguish each bluetooth device and get the one which need to connect: For example as above picture, the Bluetooth name is Hplus D049 found by App.

#### **XHPlus Watch Download** Android Users: Support original operation system 4.3 or

higher bluetooth 4.0, Setting-about phone to check the android version.

iPhone Users: Support iOS7.0 or higher version, iPhone4S/ 5/5C/5S/6/6P

Setting-General-About Phone to check the iOS version.

# How to get the APK for iPhone and Android

Please scan the QR code below to download HPlus Watch

Google play

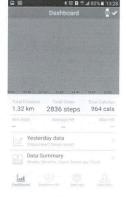


iOS AppStore



1.After HPlus Watch APP installation completed , please fill up your information such like height, weight, age, gender etc





#### 2. Wristband connect with APP:

Click Bluetooth Device in the System Setup to enter the interface, pull the screen from the top to bottom. Search and find the Bluetooth name, then click and connect wristband. After connection, the data and time on the wristband will be updated automatically.

3 Data Graph

After connection, total distance, steps, calories, min heart rate, average heart rate, max heart rage, yesterday data and date summary will be shown on the app interface.





#### 4.Real time heart rate

Start heart rate testing, it can record your heart rage for whole day.

5.Setting

Used to set up all functions on app

- a. Bluetooth connection; used to connect wristband Bluetooth
- b. Sync:used to sync wristband data
- c. Incoming calls: when you turn of the function, the watch rings and vibrate with icon remind.
- d.Time reminder:alarm clock, when you turn on the
- e.Sit notification:when you turn on the function,the watch will remind you to do some exercise f. Whole day heart rate data:watch will record your
- whole day heart rate data after turn-on g. Erase user data:used to erase the historical data in the wristband. 06

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Download APK 2:











